



THE DARK SIDE OF TECHNOLOGY

**YOUTH EXCHANGE**



*KAUNAS, LITHUANIA 11TH — 18TH OF OCTOBER*

Co-funded by the  
Erasmus+ Programme  
of the European Union

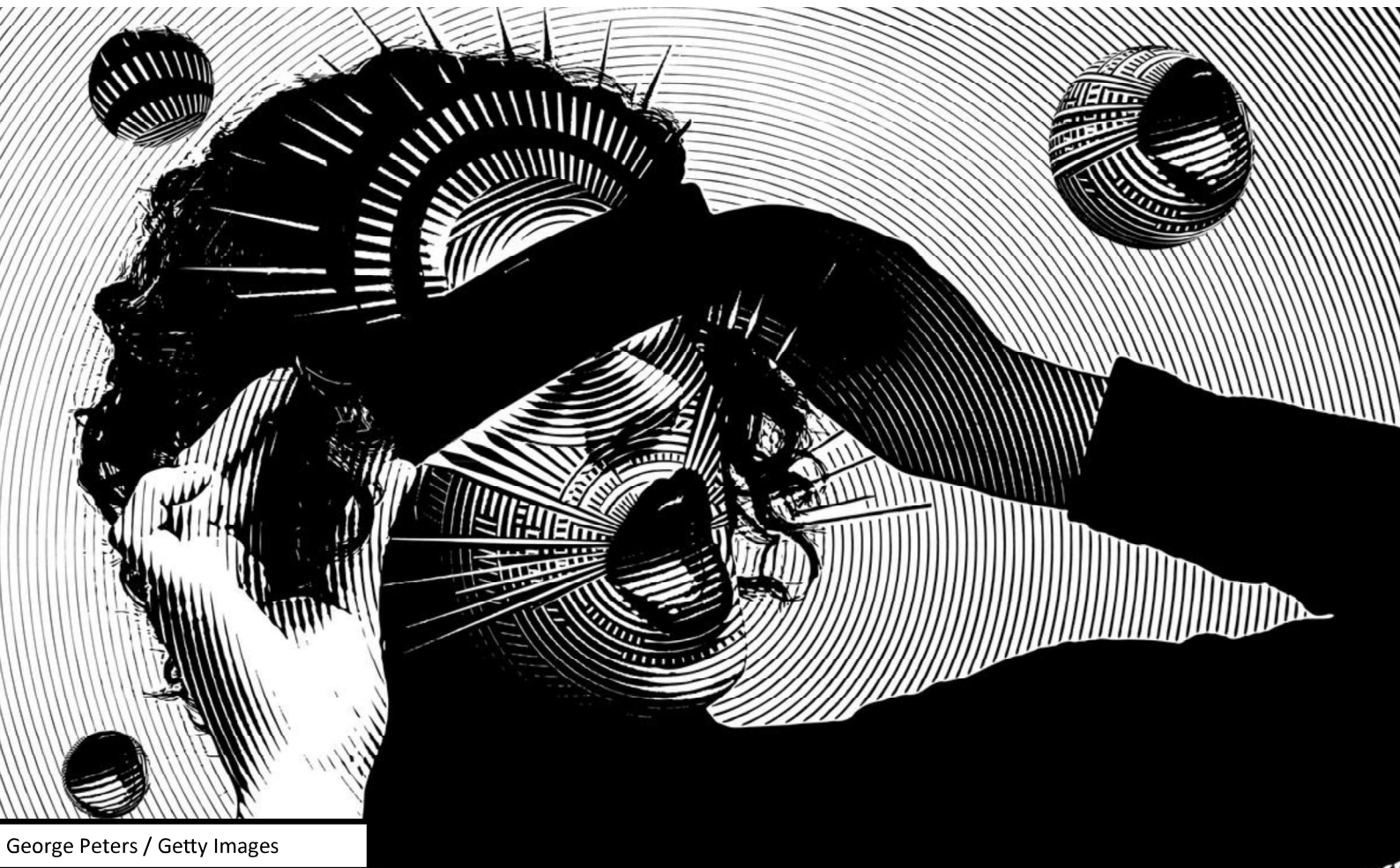




# Is Technology Going From Useful to Scary?

Today we do not imagine our daily life without a number of modern communication technologies: smart phones, computers, tablets, etc. We use them for a variety of purposes – fun, work, learning, management of personal household, communication, shopping.

It is obvious that the modern technologies give a lot of advantage for the daily life of young people. Apart from possibilities for personal growth and well-being, modern technologies play a crucial role for strengthening active citizenship of young people. They allow every young person to actively participate in the democratic process of the society by interacting with public authorities, spreading own opinions, participating in online consultations. However, there is the other side of using modern technologies, that we never think of.



George Peters / Getty Images

Although the growing consumerism of various production, including the technological devices, is the driving force of the global economy, there are a lot of issues that stay behind the technological production that we use. These issues include:

1. Effects due to **global interconnectedness**. The global supply chain is one of the phenomenon connecting people around the world. This network of people and activities faces numerous of challenges and issues in its different parts. The supply chain of electronics hides a lot of problems, i.e., child labour in coltan and gold industries; violence against workers' rights in factories; fair share of income gained for the sold production.
2. Effects to **inclusion**. Modern technologies should serve for improving the quality people's life. However, access to technological advantages often becomes an issue for those people who are physically, mentally, socially or economically disadvantaged.
3. Effects to **environment**. Millions of electronic devices are thrown away every year. They contain dangerous chemicals, which once they start to break down are harmful to the environment. These poisonous chemicals leak into the soil and then into the water system. Moreover, the increasing loads of production is one of the causes of climate change.



## ***PROJECT METHODS***

The exchange will be organized by applying global education methodologies and edutainment (learning through pop culture and its various forms) approach aimed to empower learners to engage and assume active roles, both locally and globally, to face and resolve global challenges and ultimately to become proactive contributors to a more just, peaceful, tolerant, inclusive, secure and sustainable world. 6-steps approach will be used in order to train tomorrow's global citizens. These steps include:

**EXPLORING**

**GENERATING**

**FINDING OUT**

**DECIDING**

**TAKING ACTION**

**REFLECTING**





## *DATES AND VENUE OF THE EXCHANGE*

This Youth Exchange will take place in Kaunas region, Lithuania. For the details about the location, please read further.

- **11th** of October **Arrival day**

- **11th** of October - **17th** of April the program

- **18th** of April **Departures**

## *REACHING KAUNAS FROM VILNIUS AIRPORT*

**By train** – there is a train connection from Vilnius airport to Kaunas. First, you will need to take a train to go to the central train station in Vilnius, and then to take another train to Kaunas. For the timetable and ticket prices, please, check here: <https://www.traukiniobilietas.lt/portal/en>.

**By bus** - if the train option is not convenient, you can also check the following options to reach Kaunas by bus:

Take a **mini bus** from the airport (the stop is located outside the airport, close to the exit B) to Vilnius bus station and then the bus to Kaunas. For the timetable of buses from Vilnius bus station, please, check here: <https://www.autobusubilietai.lt/?lang=0>

Take **Airport Express** directly from Vilnius airport to Kaunas. For the timetable, please, check: <https://www.ollex.lt/en/express/Vilnius-airport/buy-a-ticket>

N.B. This bus drops-off passenger at the beginning of the Savanoriai avenue in Kaunas. So, from there, you need to use either public transportation or a taxi to reach the city centre.



## REACHING KAUNAS FROM KAUNAS AIRPORT

**Bus No. 29** connects Kaunas International Airport with the city centre. The journey takes about 45 minutes with the bus timetable being coordinated with flight schedules.

**Taxi** service is also available for those who need a speedier transfer. We usually recommend using Bolt.

App for Android Users <https://play.google.com/store/apps/details?id=ee.mtakso.client&hl=en>

### - Reaching the Venue:

From the Kaunas bus station you can take bus no. 153, 154, 170 and get off on the stop "Antalkiai". From there the Venue will be reached in 5 min by foot. Another option is to take a taxi ("Bolt"), which should cost approximately 17 euro per trip.



## PARTICIPANTS

This Youth Exchange is intended for 26 participants from all 5 partner countries. Each team from each country will be a combination of 4 participants and 1 group leader (5 participants and 1 leader from Lithuania). All participants should be 16- 24 years old, leaders must be at least 18 years old.

Every partner organisation is organising selection process by themselves while paying attention to gender balance. We are encouraging youngsters who are willing to get ready and create a positive change locally or globally join and dig some topics together! And we also support youth with fewer opportunities, geographic and economic obstacles to join this beautiful 7-day odyssey with us!





## ACCOMMODATION

**Sadauskų sodyba** homestead Address: Jurbarko pl. 351, Antalkių km., Vilkijos sen., Kauno rajonas, LT 54217 Website: <http://www.sadauskusodyba.lt/en/>

**The Venue** is a bit out of Kaunas, but is gorgeous and surrounded by real Lithuanian nature.

Participants will be living in shared rooms: **3-4 persons per room**

**Food** will also be cooked in the homestead. If you have any allergies or special dietaries, just let us know by filling the participants form. If you need other help regarding your difficulties, please let us know. Also, as the location is a bit far from the town, please make sure, that you have everything, that you will need for the week before arriving to the place.



## APPLICATION PROCEDURE

If you are interested in participating, apply by **19.09.2021** filling in the online application form:

<https://forms.gle/yvtAa1hbQiaCG2QQ8> (**Green European passport** of vaccination is necessary for more info read on the next page )

Selected participants will be contacted via mail so please make sure your contact information and email is correct.



# PRACTICALITIES AND WHAT TO BRING



## COMFORTABLE CLOTHES AND MEDICINE



Make sure to bring comfortable clothes. During autumn months the weather in the Baltic Region can be very chilly. You will need some warm clothes along with few short sleeve t-shirts. Do not forget to bring a jacket. Of course, check the weather forecast before packing. Also bring any medications you might need.

All participants must have a valid **GREEN PASS**. Meaning, that until the date of the event participants have to be:

- fully vaccinated with a vaccine recognized by EU and have waited a particular amount of time depending on the vaccine;

OR/ AND

- recently recovered after COVID-19 disease and have a test result proving their recovery. These are the only two options when you can receive a **Green Pass** and will be allowed to enter Lithuania without a requirement to isolate for 10 days before.



More information how you can get your Green Certificate ([https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccines-europeans/eu-digital-covid-certificate\\_en](https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccines-europeans/eu-digital-covid-certificate_en))



You can also get **European Insurance Card** for emergency cases in Europe. It is a free card that gives you access to medically necessary, state-provided healthcare during a temporary stay in any of the 27 EU countries, Iceland, Liechtenstein, Norway and Switzerland under the same conditions and at the same cost (free in some countries) as people insured in that country.

Cards are issued by your [national health insurance provider](#).

Follow the link for more information: <https://ec.europa.eu/social/main.jsp?catId=559>





# PRACTICALITIES

|           |   |
|-----------|---|
| Lithuania | VšĮ Pasaulio piliečių akademija                                       |
| Germany   | CULTURE GOES EUROPE (CGE)-<br>SOZIOKULTURELLE INITIATIVE ERFURT<br>EV |
| Greece    | Young Active Eurocitizens   |
| Poland    | FUNDACJA TALE EURO EST  |
| Spain     | AC Amics de la Biblioteca de la Fonteta                               |
|           |   |
|           |   |



## Partners and Travel Cost

|           |         |
|-----------|---------|
| Lithuania | 0 Eur   |
| Germany   | 275 Eur |
| Greece    | 275 Eur |
| Poland    | 180 Eur |
| Spain     | 360 Eur |

**Travel costs** - Reimburse of the travel tickets will be done according to the rules of the Erasmus+ programme based on distance calculation. The reimbursement will be made after the training course, after the participants provide all original travelling documents (coming and return). Please keep your original tickets and boarding passes.

Participants will be reimbursed up to the limit of the Erasmus+ financial Policy



## ABOUT US



Hey, we are young and ambitious non-governmental organization aiming to promote key values of active global citizenship and welfare among young people in Lithuania and abroad. We believe that everything starts with us and only we can make even the craziest and most utopian ideas happen! We are so excited to host you and learn from each other! So don't think too long, start this space odyssey with us!

Sincerely, Global Citizens' Academy

## COORDINATION AND FACILITATION



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Have a question? Contact Us!

